

# NSAIDS THEORY & REALITY

R2 NATTACHAI HEMTANON

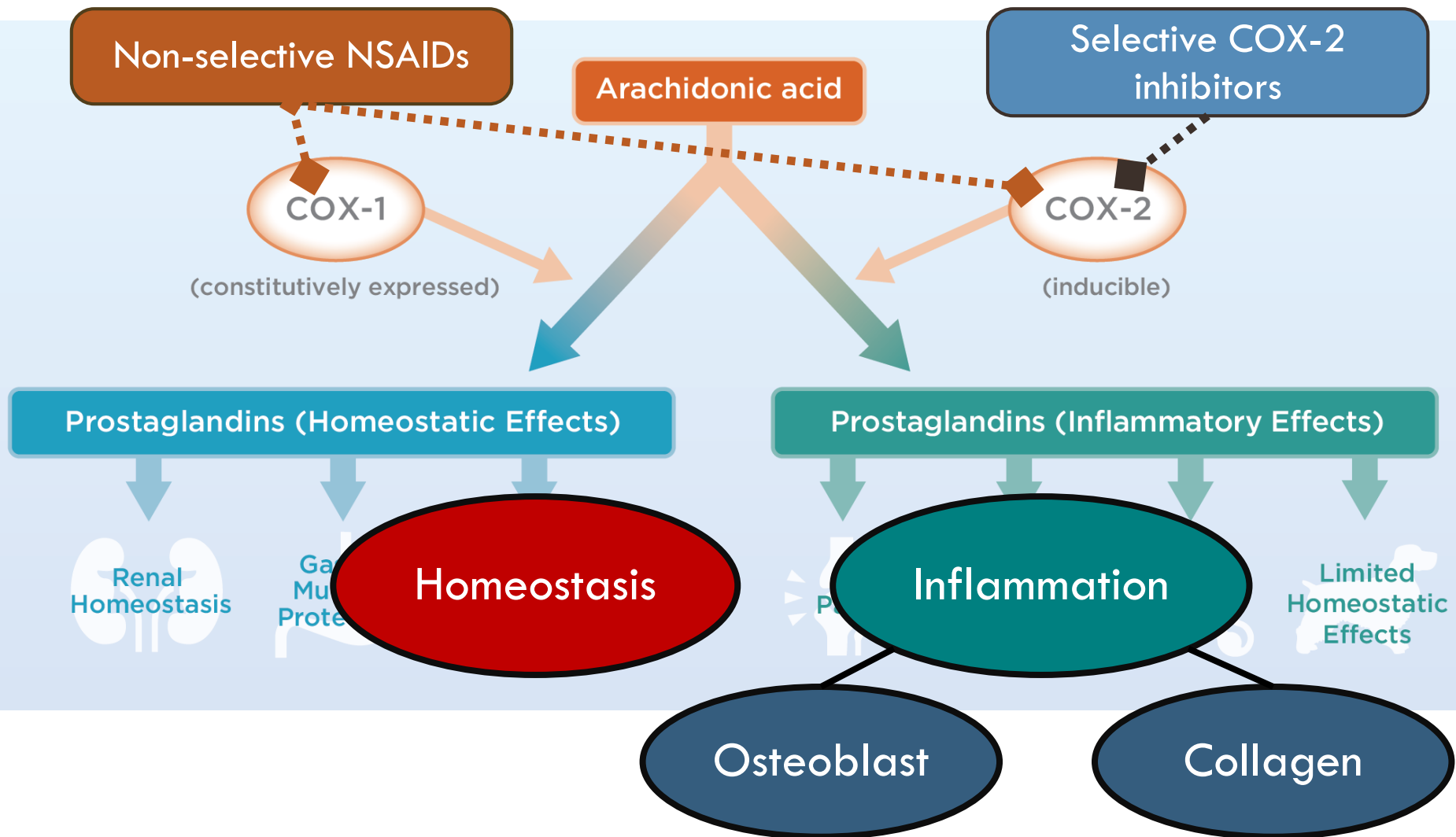
R2 PHATCHARAKAMON MAHOTHON

Advisor : SUVIT SOONTARINKA

# NSAIDs

- Nonsteroidal anti-inflammatory drugs
- Mechanism of action
  - ▣ Inhibit cyclooxygenase (COX) enzyme
  - ▣ Inhibit transformation of arachidonic acid to prostaglandins, prostacyclin and thromboxanes
    - COX-1 : Housekeeping enzyme
    - COX-2 : Inflammatory process

# Mechanism of action



# Role of NSAIDs

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- Treatment for mild-to-moderate pain
- Component of multimodal analgesia
  - ▣ Decrease opioids consumption
  - ▣ Reduce risk of opioid-related side effects
- Anti-inflammatory and anti-pyretic effect

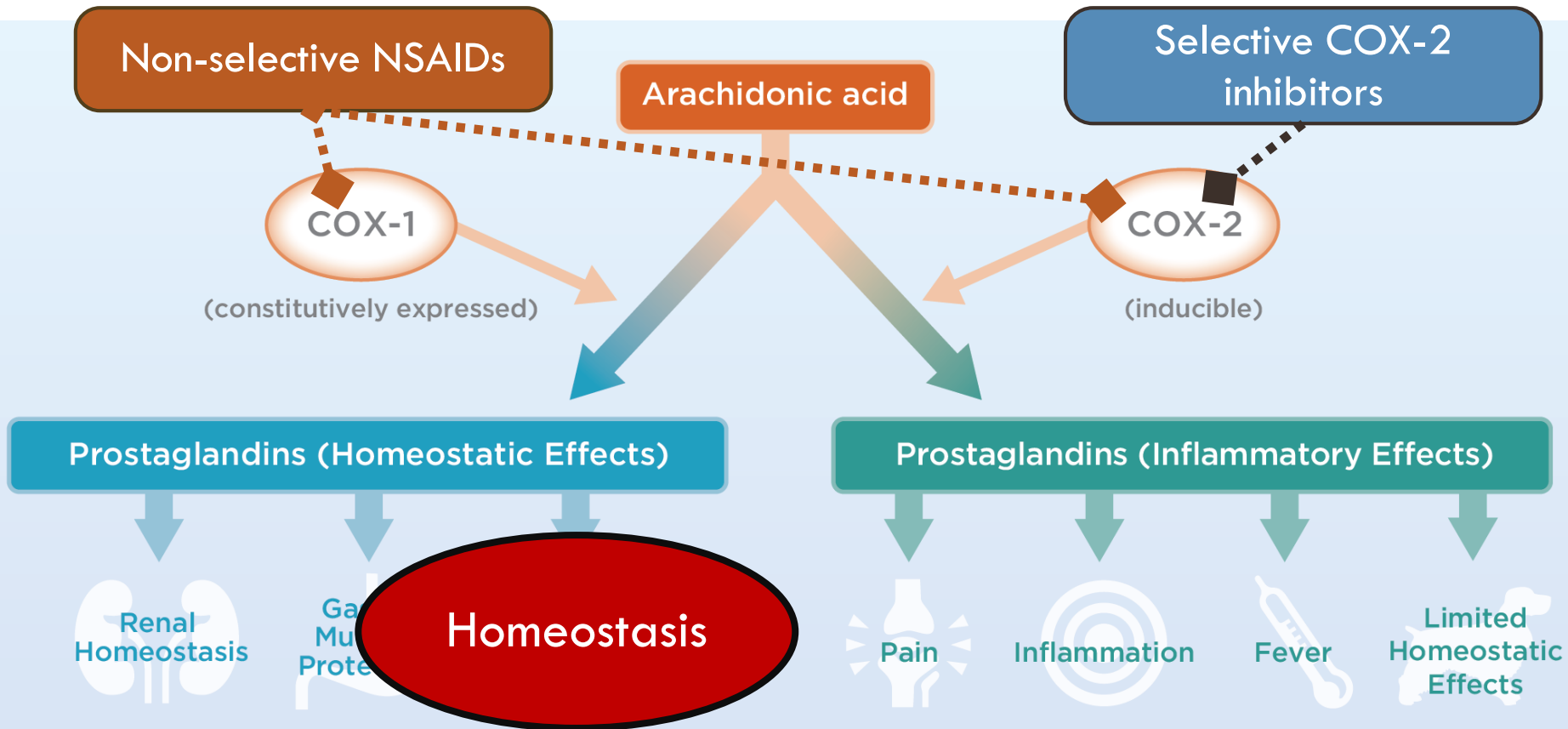
# Concern of perioperative NSAIDs

- Bleeding ?
  - ▣ After tonsillectomy?
- Delayed union and nonunion ?
- Anastomosis leakage ?



# Post-tonsillectomy bleeding

# Bleeding



# Post-tonsillectomy bleeding ?

Anesthesiology 2003; 98:1497-502

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## ***Effects of Postoperative, Nonsteroidal, Antiinflammatory Drugs on Bleeding Risk after Tonsillectomy***

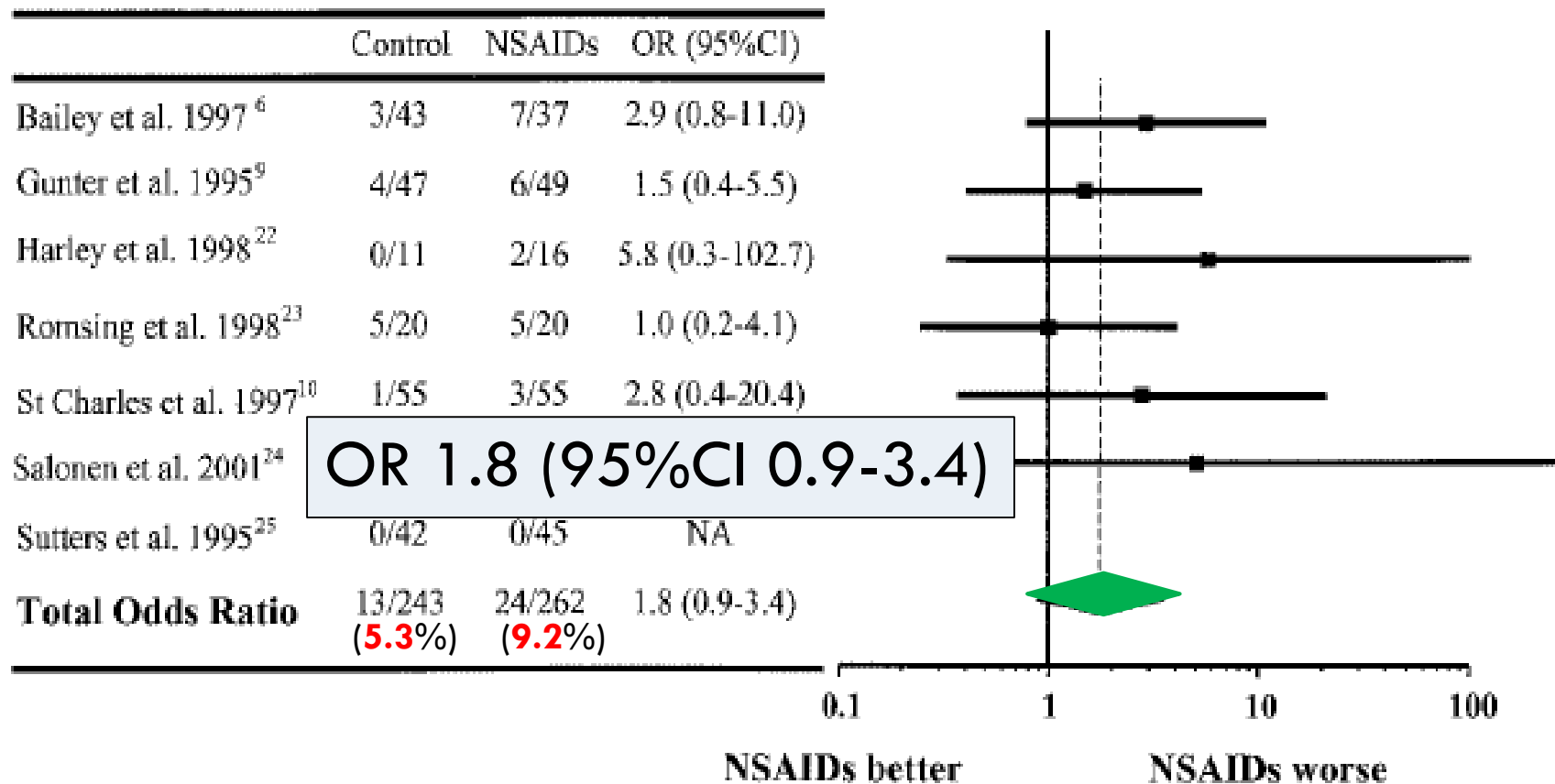
*Meta-analysis of Randomized, Controlled Trials*

Emmanuel Marret, M.D.,\* Antoine Flahault, M.D., Ph.D.,† Charles-Marc Samama, M.D., Ph.D.,‡ Francis Bonnet, M.D.§

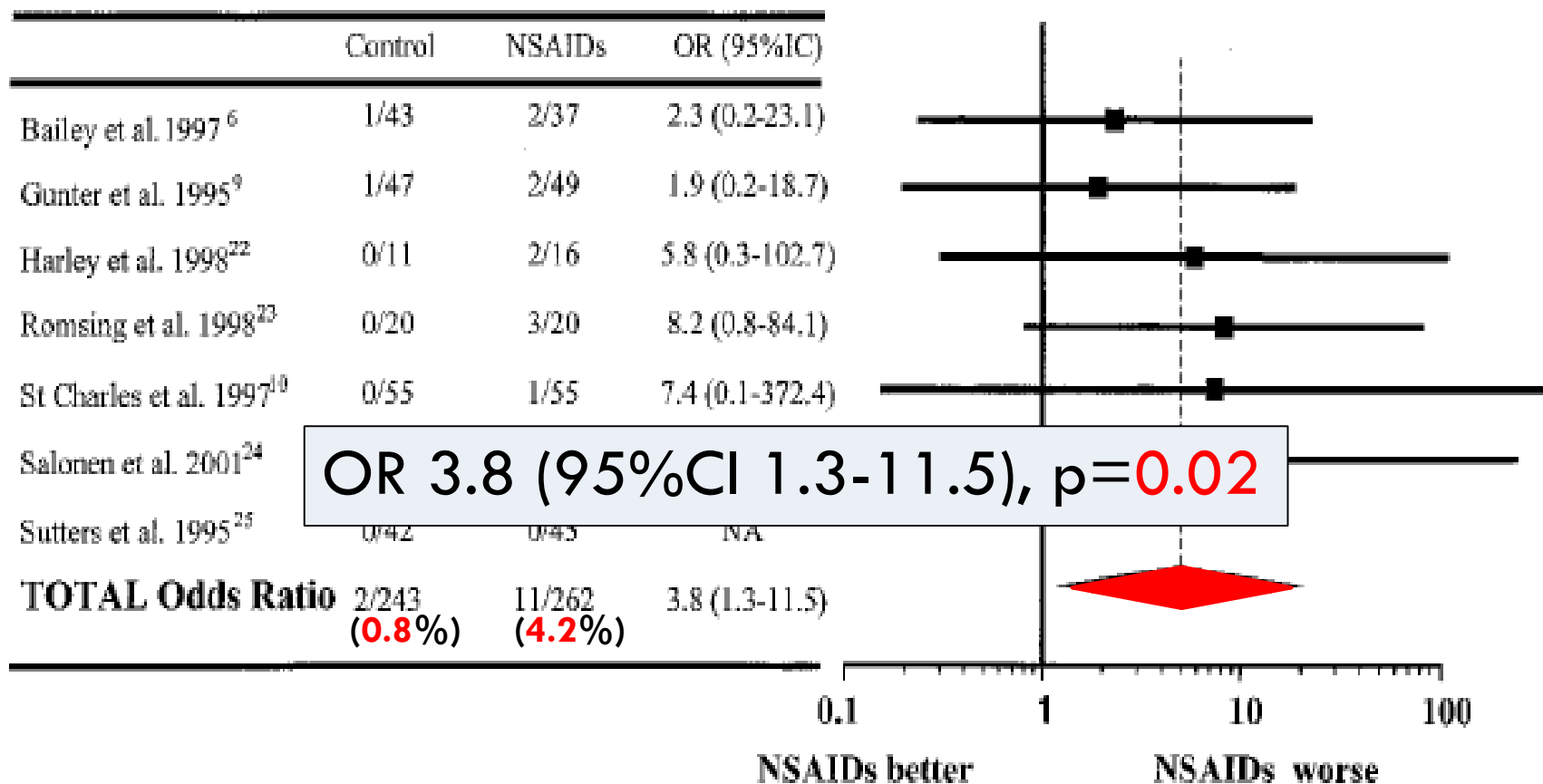
- Systematic review; 2003
- 7 RCTs studies (n = 505)
- NSAIDs use after operation finished
  - ▣ Ketorolac 1 mg/kg/dose IV/IM in first 24 h or
  - ▣ Ibuprofen 5 mg/kg/dose PO in first 2 wk



# Effects of postoperative administration of NSAIDs after tonsillectomy on the relative risk for **severe postoperative bleeding**



# Effects of postoperative administration of NSAIDs after tonsillectomy on the relative risk for **reoperation**



# Post-tonsillectomy bleeding ?

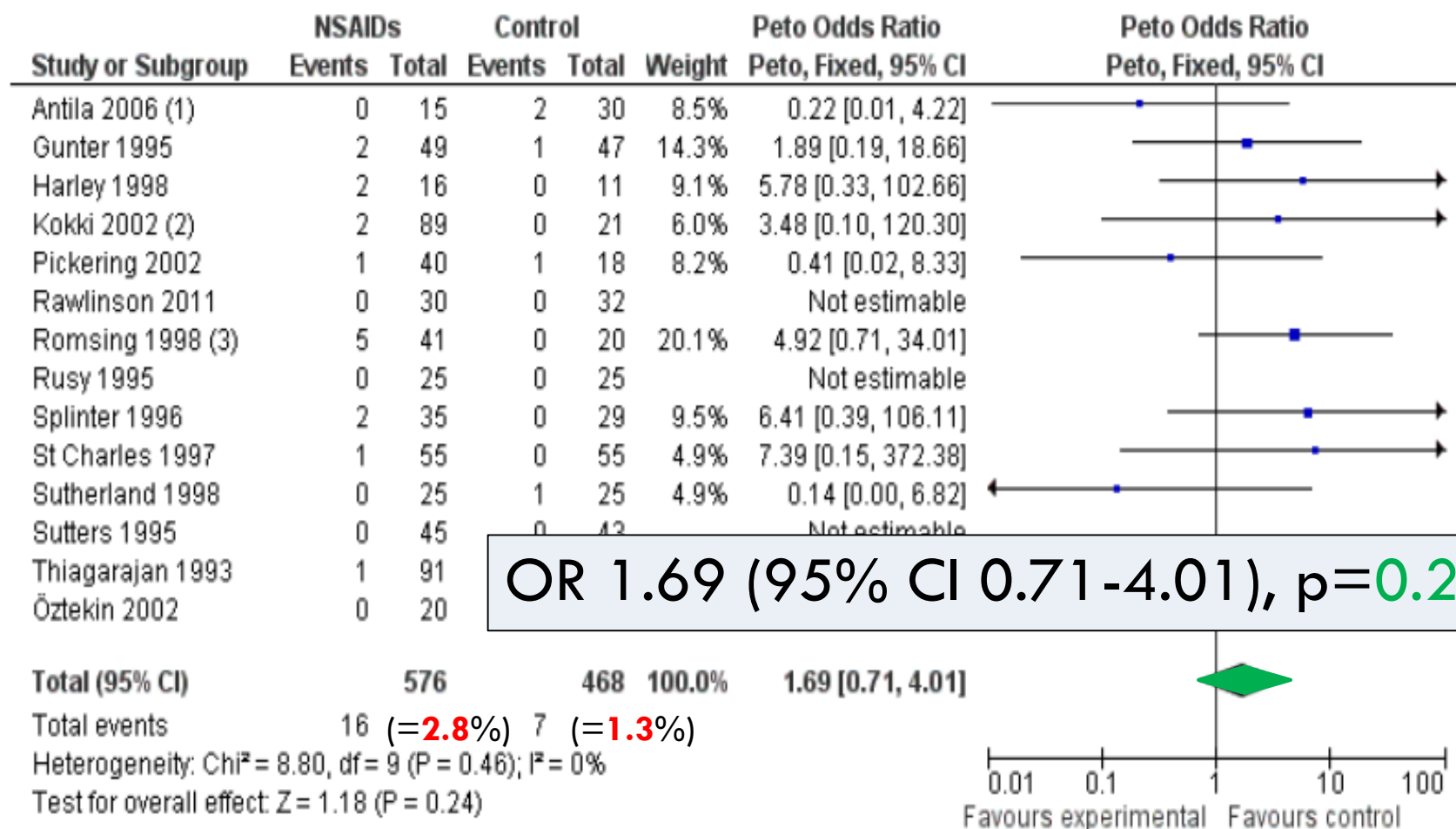
## **Nonsteroidal anti-inflammatory drugs and perioperative bleeding in paediatric tonsillectomy**

Sharon R Lewis<sup>1</sup>, Amanda Nicholson<sup>2</sup>, Mary E Cardwell<sup>3</sup>, Gretchen Siviter<sup>4</sup>, Andrew F Smith<sup>4</sup>

<sup>1</sup>Patient Safety Research, Royal Lancaster Infirmary, Lancaster, UK. <sup>2</sup>Faculty of Health and Medicine, Furness Building, Lancaster University, Lancaster, UK. <sup>3</sup>Department of Anaesthetics, North Manchester General Hospital, Manchester, UK. <sup>4</sup>Department of Anaesthetics, Royal Lancaster Infirmary, Lancaster, UK

- Systematic review; 2013
- 15 RCTs (n = 1,101)
- Perioperative NSAIDs use >> Ketorolac (6), Ibuprofen (3), Diclofenac (3), Ketoprofen (2) or Tenoxicam (1)

**Figure 4. Forest plot of comparison: I Nonsteroidal versus control (analgesics or placebo), outcome: I.1 Perioperative bleeding requiring surgical intervention.**



# Post-tonsillectomy bleeding ?

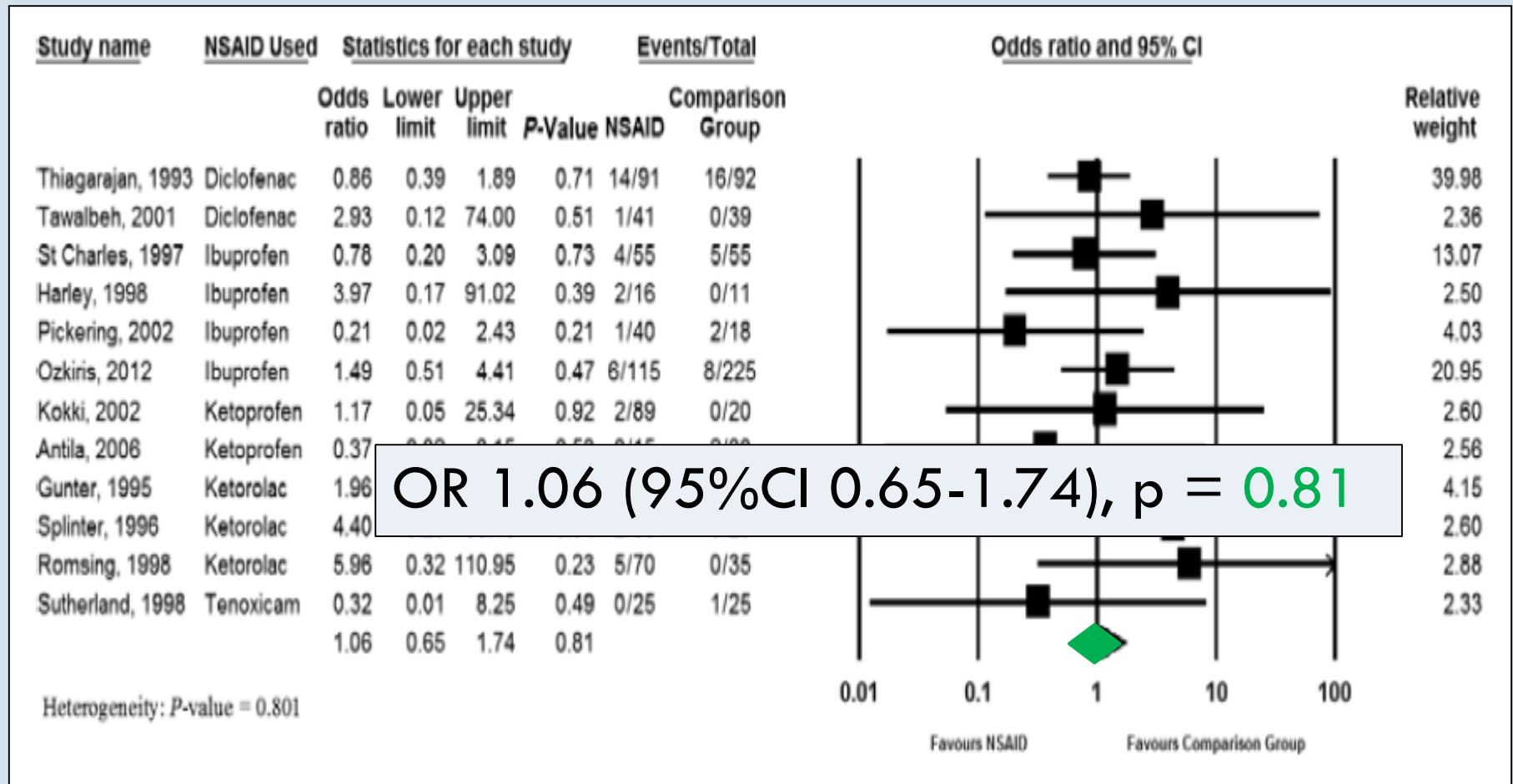
**A 2013 updated systematic review & meta-analysis of 36 randomized controlled trials; no apparent effects of non steroidal anti-inflammatory agents on the risk of bleeding after tonsillectomy**

Riggin, L.,<sup>1</sup> Ramakrishna, J.,<sup>2</sup> Sommer, D.D<sup>2</sup> & Koren, G.<sup>1</sup>

<sup>1</sup>Ivey Chair in Molecular Toxicology & Hospital for Sick Children, Western University Schulich School of Medicine & Dentistry & Hospital for Sick Children, London & Toronto, and <sup>2</sup>Division of Otolaryngology – Head & Neck Surgery, Department of Surgery, McMaster University, Hamilton, ON, Canada

- Systematic review; 2013
- 36 RCTs (n = 4,878)
- Perioperative NSAIDs use >> Diclofenac (13), Ketorolac (8), Ibuprofen (6), Ketoprofen (4), Aspirin (3) or other (2)

A complication of all of the post-operative hemorrhages reported in **studies on children**.



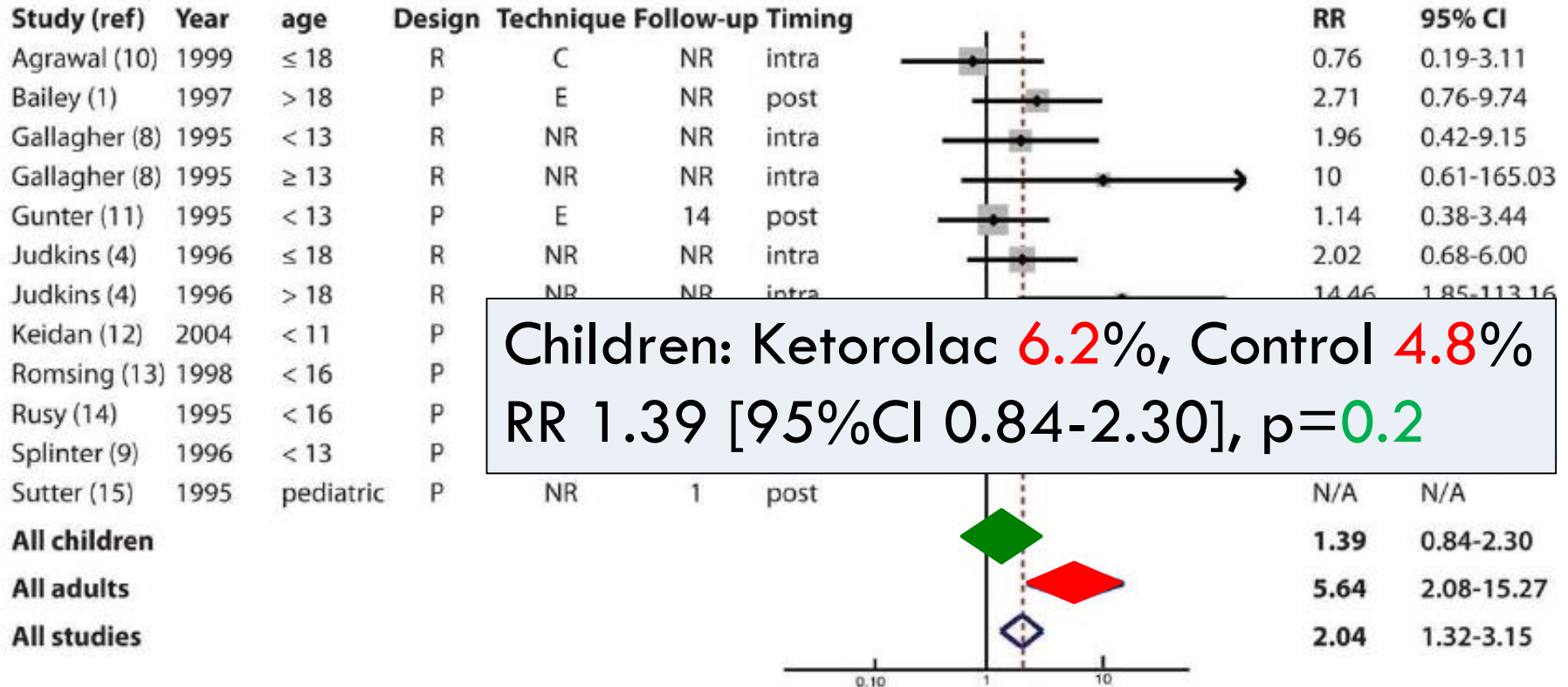
# Post-tonsillectomy bleeding ?

## Perioperative Ketorolac Increases Post-Tonsillectomy Hemorrhage in Adults But Not Children

Dylan K. Chan, MD, PhD; Sanjay R. Parikh, MD

- Systematic reviews; 2014
- 10 studies >> 7 Prospective RCTs and 3 Retrospective case-control studies (n=1,357)
- Perioperative Ketorolac use in pediatric (<18) and adult (>18) tonsillectomy

# Relative risk of post-tonsillectomy hemorrhage in subjects receiving perioperative ketorolac compared to controls.



Children: Ketorolac 6.2%, Control 4.8%  
RR 1.39 [95%CI 0.84-2.30], p=0.2

Adult: Ketorolac 19%, Control 3.2%  
RR 5.64 [95%CI 2.08-15.27], p <0.001



# Post-tonsillectomy bleeding

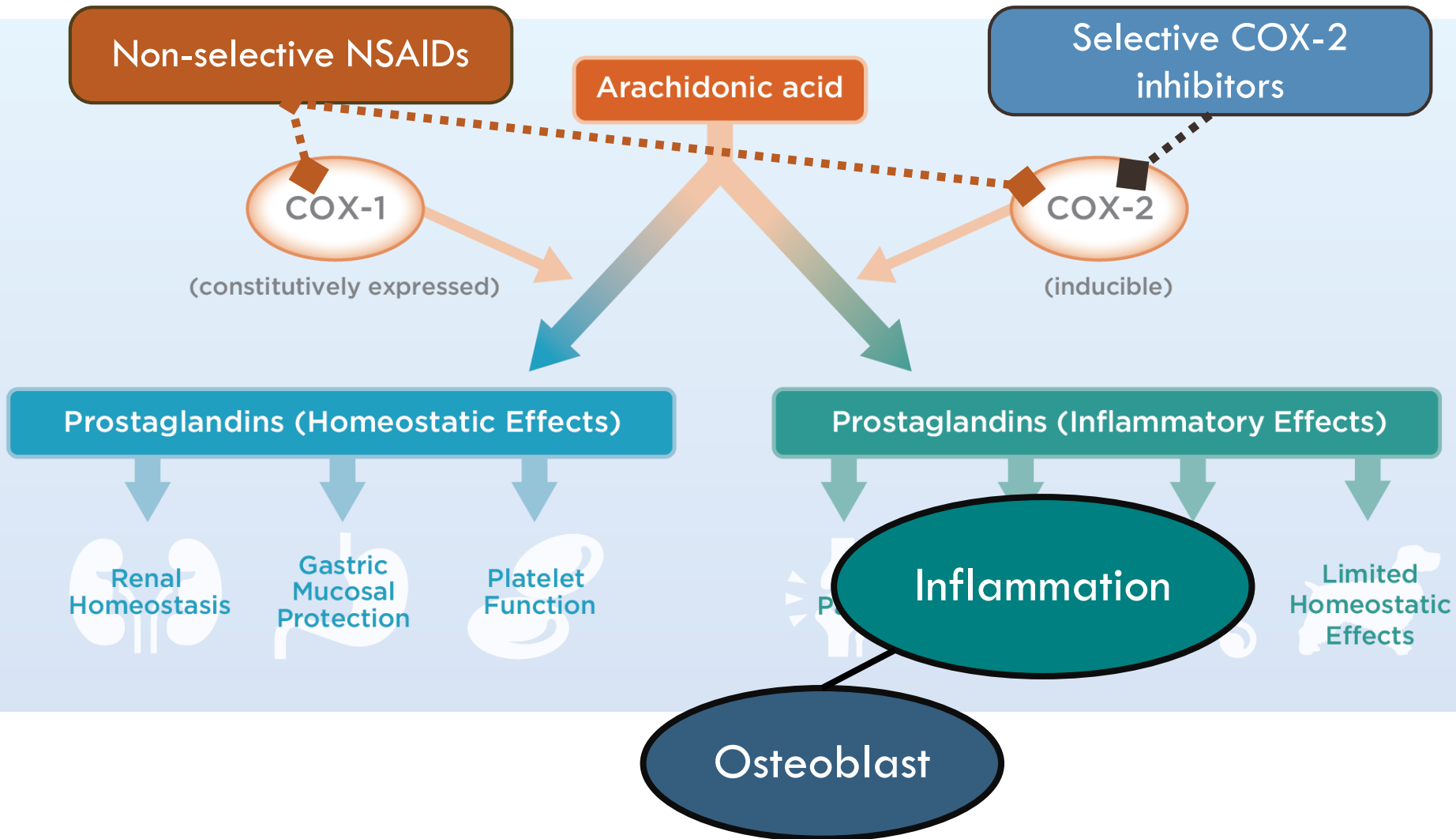
## □ Summary

- ▣ NSAIDs is possibly one method of analgesia in children undergoing tonsillectomy
- ▣ The perianesthesia team should weigh carefully between the risk of bleeding and benefit of the NSAIDs use especially nonselective group



# Bone healing

# Mechanism of action



# Delayed bone healing ?

## Selective and Nonselective Cyclooxygenase-2 Inhibitors and Experimental Fracture-Healing

### Reversibility of Effects After Short-Term Treatment

By L.C. Gerstenfeld, PhD, M. Al-Ghawas, MSD, DDS, Y.M. Alkhiary, BDS, MSD, DScD, D.M. Cullinane, PhD, E.A. Krall, PhD, J.L. Fitch, BS, E.G. Webb, MS, M.A. Thiede, PhD, and T.A. Einhorn, MD

*Investigation performed at Orthopaedic Research Laboratory,  
Department of Orthopaedic Surgery, Boston University Medical Center, Boston, Massachusetts*

- Animal research (rats); 2007
- 3 groups; Control, Ketorolac (4mg/kg/day), Valdecoxib (5 mg/kg/day) duration 7 or 21 days (start within 24 h)

**TABLE I Nonunion Rate**

Group	Day Tested	Number of Nonunions	Number of Bones Tested	Percentage of Nonunions
Short-course (7-day) treatment				
Ketorolac	21	4	25	16
Valdecoxib	21	5	23	21.7
Control	21	2	24	8.3
Ketorolac	35	1	22	4.5
Valdecoxib	35	0	18	0
Control	35	2	22	
Total		14	134	
Long-course (21-day) treatment				
Ketorolac	21	3	23	13
Valdecoxib	21	9	25	36*†
Control	21	1	25	4
Ketorolac	35	0	22	0
Valdecoxib	35	0	20	0
Control	35	1	22	4.5
Total		14	137	10.2

**P = 0.05**

\*The difference between the valdecoxib group and the control group was significant ( $p = 0.05$ , Fisher exact test). †The difference between the valdecoxib group and the ketorolac group was significant ( $p = 0.05$ , Fisher exact test).

# Delayed bone healing ?

## High dose nonsteroidal anti-inflammatory drugs compromise spinal fusion

*[De fortes doses d'anti-inflammatoires non stéroïdiens compromettent l'arthrodèse vertébrale]*

Scott S. Reuben MD,\* David Ablett FRCP,† Rachel Kaye‡

- Retrospective review; 2005
- n = 434 >> elective decompressive posterior lumbar laminectomy with instrumented spinal fusion
- Perioperative NSAIDs use >> Ketorolac / Rofecoxib / Celecoxib in 5 days compared with non-NSAIDs

TABLE III Multivariate odds ratio, 95% confidence intervals for non-union

Group compared	Nonunion: Ketorolac (All) <b>19.2%</b> , No NSAIDs <b>8.4%</b> OR 3.3 [95%CI 1.0-10.3, P <b>&lt;0.001</b>	
Rofecoxib vs Celecoxib		
Ketorolac vs no NSAID	3.3 (1.0-10.3)	< 0.001
Ketorolac ( $\leq 110 \text{ mg}\cdot\text{day}^{-1}$ ) vs no NSAID	1.2 (0.2-6.1)	NS
Ketorolac ( $120-240 \text{ mg}\cdot\text{day}^{-1}$ ) vs no NSAID	8.8 (2.8-28.0)	< 0.0001
Smokers vs no smokers	14.7 (5.3-40.9)	< 0.0001
Nonunion: Ketorolac ( $>120 \text{ mg/d}$ ) <b>28.6%</b> , No NSAIDs <b>8.4%</b> OR 8.8 [95%CI 2.8-28, P <b>&lt;0.001</b>		
Non-smokers	1.3 (0.3-6.2)	
Smokers	20.1 (6.4-63.1)	

NS = not significant. NSAID = nonsteroidal anti-inflammatory drugs. Odds ratio were computed from a multivariate logistic regression model including NSAID treatment, smoking status, levels of fusion, and the interaction between smoking status and levels of fusion.

# Delayed bone healing ?

## Ketorolac and Spinal Fusion

Does the Perioperative Use of Ketorolac Really Inhibit Spinal Fusion?

Ben B. Pradhan, MD, MSE,\* Robert L. Tatsumi, MD,† Jason Gallina, MD,‡  
Craig A. Kuhns, MD,§ Jeffrey C. Wang, MD,¶ and Edgar G. Dawson, MD||

- Retrospective review; 2008
- n = 405 >> primary lumbar post.lat. intertransverse process fusion with pedicle screw instrumentation
- Ketorolac 30 mg IV q 6 h for 48 h compared with non-Ketorolac



**Table 2. Nonunion Results**

	Toradol Group	Non-Toradol Group	<i>P</i>
Nonunions	12/228 (5.3%)	11/177 (6.2%)	>0.05
Nonunions in 1-level fusions	5/126 (4.0%)	5/80 (6.3%)	>0.05
Nonunions in 2-level fusions	5/77 (6.5%)	3/71 (4.2%)	>0.05
Nonunions in 3-level fusions	2/25 (8.0%)	3/26 (11.5%)	>0.05
Nonunions with iliac crest bone graft	10/25 (8.0%)	10/153 (6.5%)	>0.05
Nonunions with local bone ± allograft	2/103 (1.9%)	1/24 (4.2%)	>0.05
Nonunions in patients of surgeon 1	12/228 (5.3%)	7/85 (8.2%)	>0.05
Nonunions in patients of surgeon 2		4/92 (4.3%)	

# Delayed bone healing ?

## Perioperative Ketorolac Use in Children Undergoing Lower Extremity Osteotomies

*Robert Michael Kay, MD,\*† Michael Leathers, BS,† Michael P. Directo, BS,†  
Karen Myung, MD, PhD,\*† and David L. Skaggs, MD\*†*

- Retrospective review; 2011
- n = 327 >> Lower extremity osteotomy
- Ketorolac 0.5 mg/kg q 6 h compared with non-Ketorolac use

The result of **delayed union rate** and estimated blood loss in **ketorolac** used group compared with control group

	Ketorolac group (n=625)	Non-Ketorolac group(n=57)	P-value
<b>Delayed union rate % (n)</b>	0.6% (4)	1.8% (1)	0.893
<b>EBL mL</b>	89 +/- 130	115 +/- 282	0.584

# Delayed bone healing ?

## Ketorolac Administered in the Recovery Room for Acute Pain Management Does Not Affect Healing Rates of Femoral and Tibial Fractures

*David Donohue, MD,\* Drew Sanders, MD,† Rafa Serrano-Riera, MD,†‡ Charles Jordan, MD,§  
Roger Gaskins, MD,\* Roy Sanders, MD,\*† and H. Claude Sagi, MD||*

- Retrospective study; 2016
- n = 328 fractures
- Ketorolac use 15-30 mg q 6 h in the PACU or on the ward within the first 24 hours compared with those who did not

# The result of nonunion rate of Femur and Tibial fracture in ketorolac used group compared with control group

**TABLE 2.** Comparison Between Study and Control Groups

	Femur			Tibia		
	Ketorolac (n = 33)	No Ketorolac (n = 104)	<i>P</i> *	Ketorolac (n = 52)	No Ketorolac (n = 139)	<i>P</i> *
Time to union in days (range)	147 (85–304)	159 (44–406)	0.81	175 (58–456)	175 (45–387)	0.57
Nonunion, n (%)	3 (9.1)	11 (10.6)	1.00	3 (5.8)	17 (12.2)	0.29

\**P* value calculated using Mann–Whitney *U* test for time to union. *P* value calculated using Fisher Exact test for percent nonunion.

# Bone healing

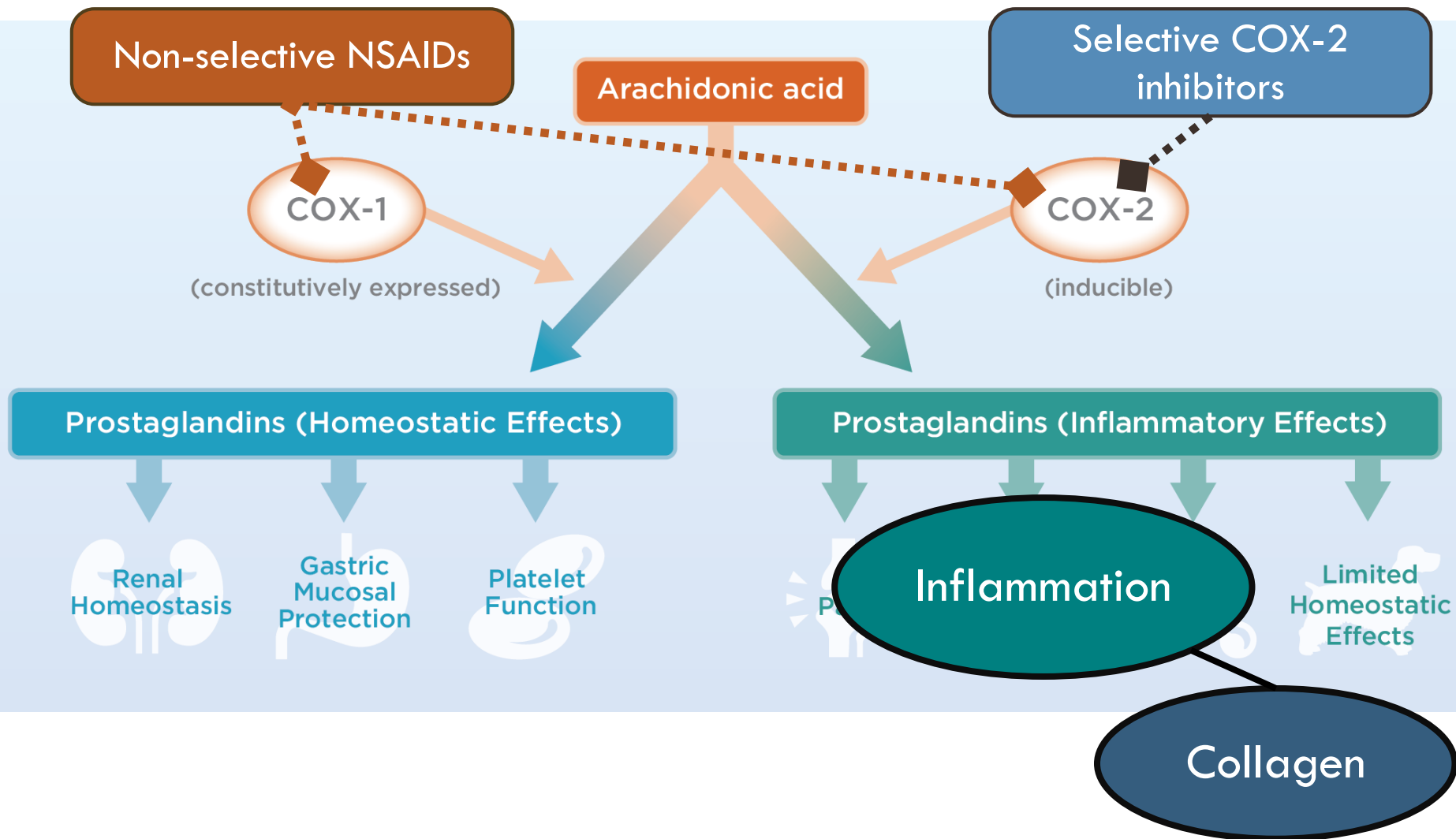
## □ Summary

- ▣ Selective COX-2 inhibitor inhibit fracture healing more than nonselective NSAIDs in animal study
- ▣ The low dose and short course of NSAIDs use in orthopedic surgery has no significant effect on bone healing



# Anastomotic failure

# Mechanism of action





# Anastomotic failure ?

## **Nonsteroidal Anti-inflammatory Drugs and the Risk for Anastomotic Failure:**

**A Report From Washington State's Surgical Care and Outcomes Assessment Program (SCOAP)**

**Timo W. Hakkarainen, MD, MS, Scott R. Steele, MD, Amir Bastaworous, MD, MBA, E. Patchen Dellinger, MD, Ellen Farrokhi, MD, MPH, Farhood Farjah, MD, MPH, Michael Florence, MD, Scott Helton, MD, Marc Horton, MD, Michael Pietro, MD, Thomas K. Varghese, MD, and David R. Flum, MD, MPH**

- Retrospective cohort study; 2015
- n = 13,082 patients >> bariatric or colorectal surgery at 47 hospitals
- Do not specify which NSAID was administered

The result of **Anastomotic complication** and **mortality** in **NSAIDs** used group compared with control group

	<b>NSAIDs group (n=3,158)</b>	<b>Control group (n=9,924)</b>	<b>P-value</b>
<b>Anastomotic complication, n (%)</b>	151 (4.8%)	417 (4.2%)	0.16
<b>90-days mortality, n (%)</b>	41 (1.3%)	278 (2.8%)	< 0.001

The result of **Anastomotic complication** after controlling for covariates in **NSAIDs** used group compared with control

Patients who received NSAIDs

- Younger
- Less co-morbidities
- Lower cardiac risk index
- Underwent elective procedures

Table 2. Risk for Anastomotic Leak Among All Patients

Variable	OR (95% CI)	
	Unadjusted	Adjusted
Age	1.00 (1.00-1.01)	0.99 (0.99-1.00)
Male sex	1.56 (1.27-1.93)	1.50 (1.27-1.75)
BMI ≥30	0.74 (0.57-0.96)	1.04 (0.71-1.41)
Albumin level <3 g/dL	2.73 (2.01-3.70)	2.20 (1.63-2.96)
Procedure type		
Bariatric	1 [Reference]	1 [Reference]
Anastomosis tested	0.76 (0.59-0.97)	1.10 (0.90-1.35)
Postoperative NSAID administration	1.15 (0.92-1.42)	1.24 (1.01-1.56)
Epidural	1.07 (0.70-1.63)	1.05 (0.74-1.50)
Patient-controlled analgesia	0.94 (0.60-1.46)	0.95 (0.60-1.50)



Postop. NSAIDs = OR 1.24 [95% CI, 1.01-1.56];  $P = 0.04$

# Association between NSAIDs administration and anastomotic leakage

Procedure	Odd Ratio	95% CI	P-value
All surgery	1.24	1.01-1.56	0.04
Non-elective	1.70	1.11-2.68	0.01
Elective			
- Colorectal	1.13	0.87-1.49	0.36
- Bariatric	1.04	0.53-2.06	0.89

# Anastomotic failure ?

## Nonsteroidal anti-inflammatory drugs and anastomotic dehiscence after colorectal surgery: a meta-analysis

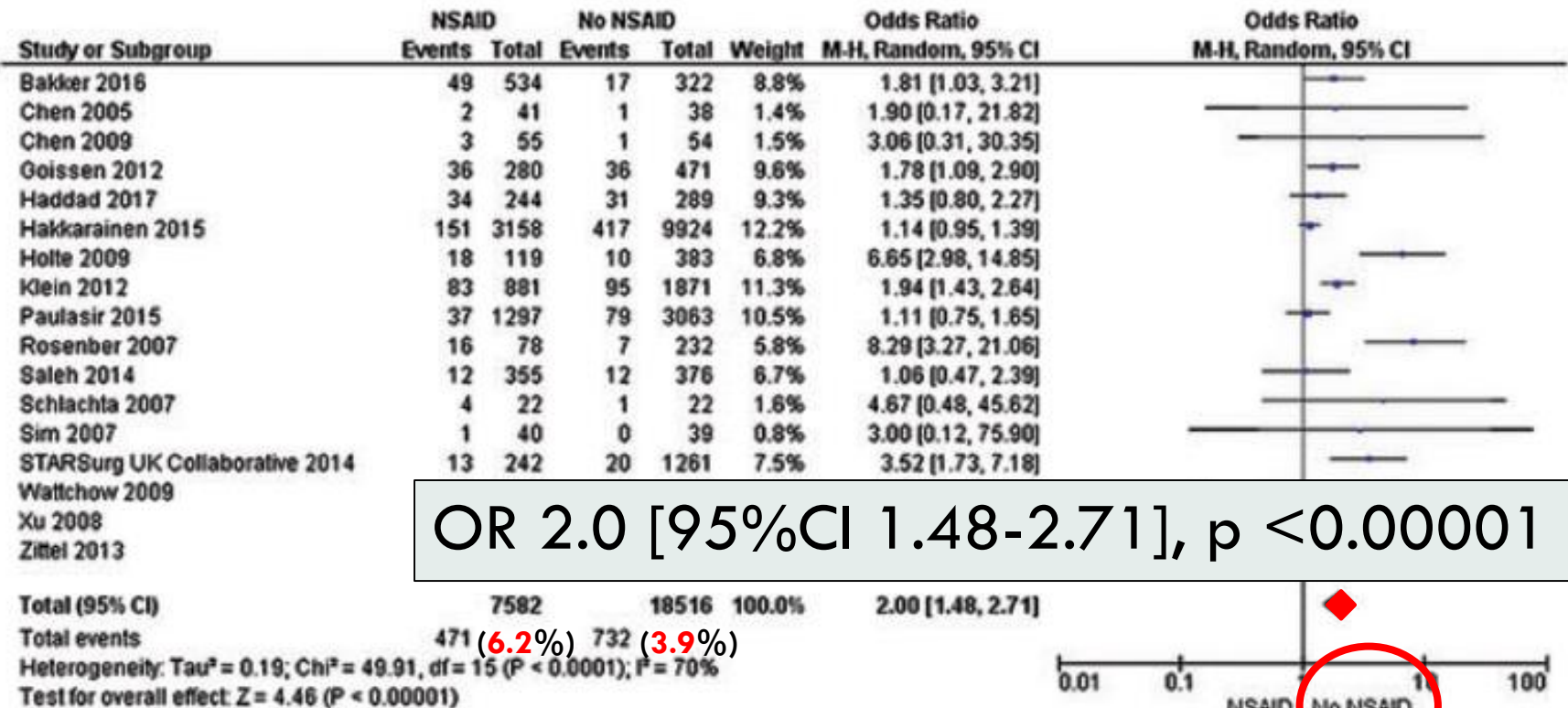
Yeqian Huang , Stephen R. Tang and Christopher J. Young 

Department of Colorectal Surgery, Discipline of Surgery, The University of Sydney, Royal Prince Alfred Hospital, Sydney, New South Wales, Australia

- Meta-analysis; 2017
- 6 RCTs, 10 cohort and 1 case–control studies
- $n = 26,098$
- 12 studies use non-selective NSAIDs, 5 studies use selective COX-2 inhibitor

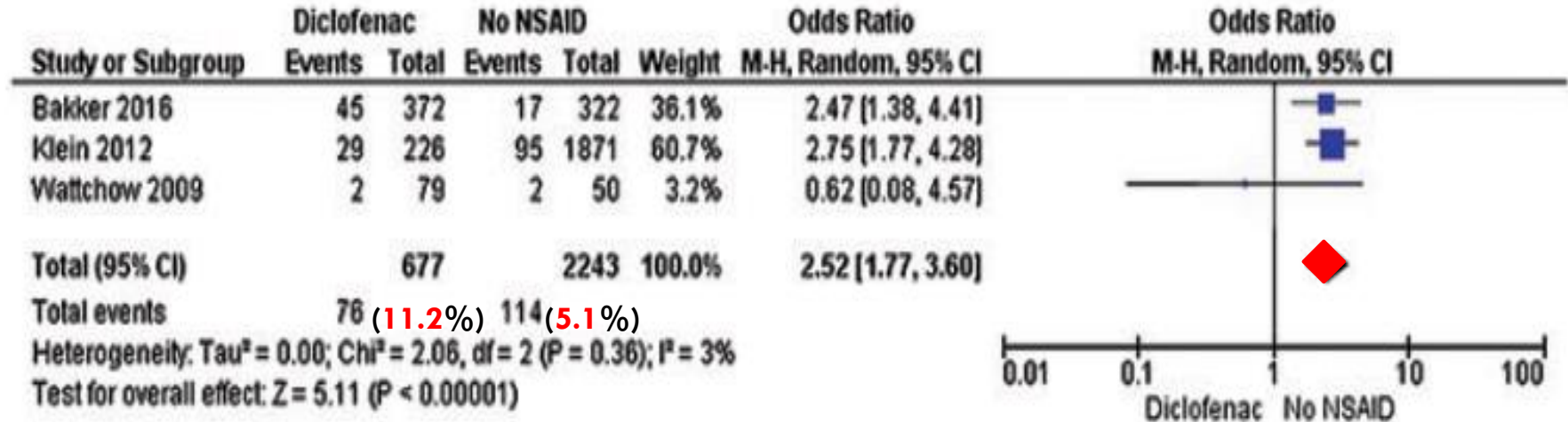
# Association between NSAIDs administration and anastomotic dehiscence

## 2a. No NSAID vs. Use of NSAID (including selective and non-selective)



# Association between **Diclofenac** administration and anastomotic dehiscence

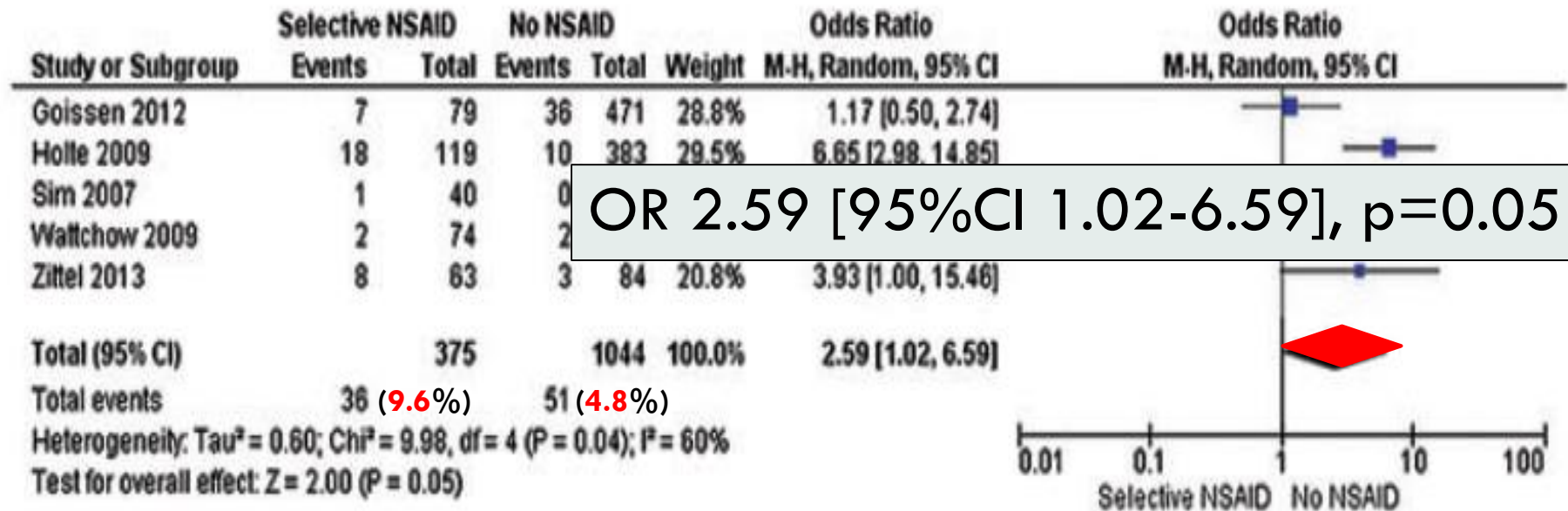
## 2f. No NSAID vs. Use of Diclofenac



OR 2.52 [95%CI 1.77-3.6],  $p=0.05$

# Association between **Selective COX-2 inhibitor** administration and anastomotic dehiscence

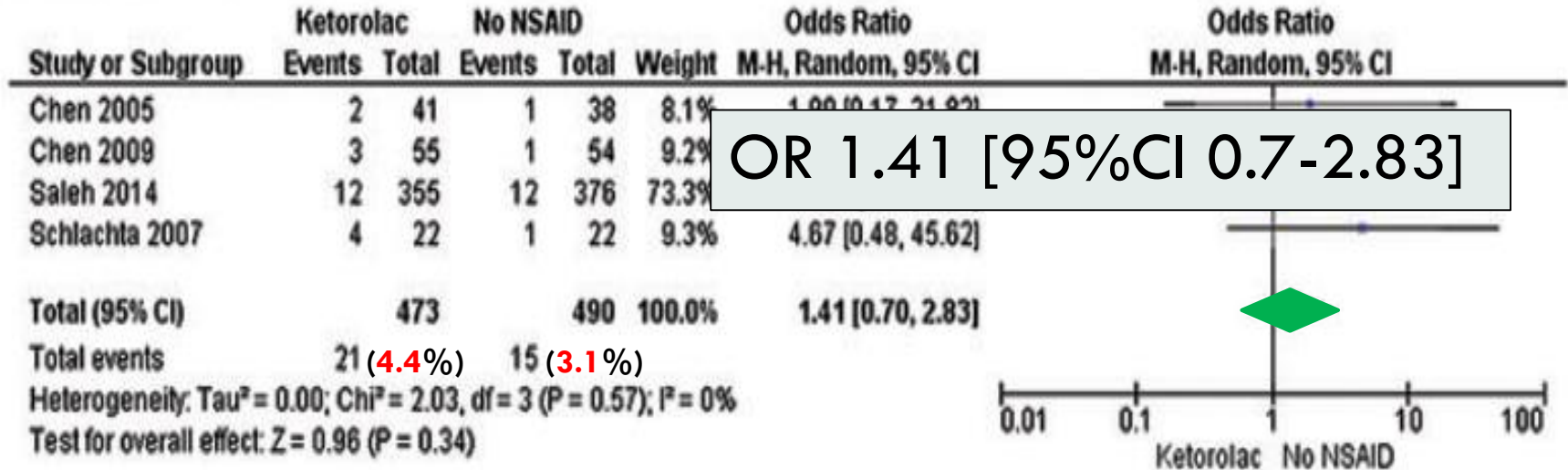
## 2d. No NSAID vs. Use of Selective NSAID





# Association between **Ketorolac** administration and anastomotic dehiscence

## 2g. No NSAID vs. Use of Ketorolac



# Anastomotic failure ?

## Perioperative use of nonsteroidal anti-inflammatory drugs and the risk of anastomotic failure in emergency general surgery

**Nadeem N. Haddad, MD, Brandon R. Bruns, MD, Toby M. Enniss, MD, David Turay, MD, Joseph V. Sakran, MD, MPH, MPA, Alisan Fathalizadeh, MD, Kristen Arnold, MD, Jason S. Murry, MD, Matthew M. Carrick, MD, Matthew C. Hernandez, MD, Margaret H. Lauerman, MD, Asad J. Choudhry, MBBS, David S. Morris, MD, Jose J. Diaz, MD, Herb A. Phelan, MD, Martin D. Zielinski, MD, and NSAIDs SHAPES Workgroup, Rochester, Minnesota**

- Post hoc analysis; 2017
- n = 533 >> urgent/emergent bowel resection and anastomosis
- NSAIDs = Aspirin, Ibuprofen, Naproxen, Ketorolac, others

**TABLE 3. Multivariable Model for Features Associated With AF (n = 533)**

Variables	OR	95% CI
Perioperative NSAIDs	1.48	0.80–2.75
Contamination	1.83	0.93–3.58

Anastomotic failure: NSAIDs **13.9%**, no NSAIDs **10.7%**  
 OR 1.48 (95% CI 0.8-2.75), p=**0.26**

Perioperative corticosteroids	2.22	1.02–4.70
Male sex	1.21	0.66–2.25
Damage control	0.56	0.20–1.51
Age (per year)	1.01	0.99–1.03
Albumin	0.69	0.45–1.04
Colocolonic or colorectal anastomosis	2.58	1.00–6.27

\* $p = 0.049$ .

CI, confidence interval; OR, odds ratio.

# Anastomotic failure ?

Nonsteroidal anti-inflammatory drugs and the risk of anastomotic leakage after anterior resection for rectal cancer<sup>☆</sup>

D. Kverneng Hultberg <sup>a,\*</sup>, E. Angenete <sup>b</sup>, M.-L. Lydrup <sup>c</sup>,  
J. Rutegård <sup>a</sup>, P. Matthiessen <sup>d</sup>, M. Rutegård <sup>a</sup>

- Retrospective multi-centre cohort; 2017
- n = 1,495 >> anterior resection for rectal cancer
- Any NSAIDs for at least two days in the first postoperative week

	No NSAID (N = 1084)	NSAID (N = 411)	P-value <sup>a</sup>
<b>Age (years: median/range)</b>	68 (23–93)	66 (32–86)	< 0.001
	<i>N (%)</i>	<i>N (%)</i>	
<b>Sex</b>			0.195
Male	650 (60.0)	231 (56.2)	
Female	434 (40.0)	180 (43.8)	
<b>ASA classification</b>			0.003
I	252 (23.2)	129 (31.4)	
II	643 (59.3)	237 (57.7)	
III	154 (14.2)	41 (10.0)	
Missing	35 (3.2)	4 (1.0)	
<b>Intraoperative blood loss</b>			< 0.001
≤400 ml	543 (50.1)	253 (61.6)	
>400 ml	480 (44.3)	143 (34.8)	
Missing	61 (5.6)	15 (3.6)	
<b>Anastomotic leakage</b>			0.151
No	928 (85.6)	364 (88.6)	
Yes	156 (14.4)	47 (11.4)	
<b>Reoperation for leakage</b>			0.440
No	1042 (96.1)	399 (97.1)	
Yes	42 (3.9)	12 (2.9)	
<b>Mortality within 90 days</b>			0.005
No	1060 (97.8)	410 (99.8)	
Yes	24 (2.2)	1 (0.2)	

# Anastomotic failure

## □ Summary

- From recent studies, the association between NSAIDs and the risk of anastomotic failure is still **controversy**, the further studies may be needed

# Take home message

- The use of perioperative NSAIDs is still controversy in some issues.
- A short course and effective dose as low as possible of NSAIDs use may be recommended
- The risk and benefit should be weigh and discuss to healthcare team



□ Thank you